



**9th Global Conference  
on Health Promotion**  
**SHANGHAI 2016**

# Shanghai Consensus on Healthy Cities 2016

*We – more than 100 mayors from around the world – have come together on 21 November 2016 in Shanghai, China – united in the knowledge that health and sustainable urban development are inextricably linked, and steadfastly committed to advancing both. We also recognise that health and wellbeing are at the core of the United Nations Development Agenda 2030 and its Sustainable Development Goals.*



**Healthy Cities**

MAYORS FORUM

健康城市 市长论坛

## Cities working for health and wellbeing are central to sustainable development

Mayors and local leaders can play a defining role in delivering all SDGs. As mayors we have a responsibility to act locally and collectively to make our cities inclusive, safe, resilient, sustainable and healthy. We are determined in our resolve to leave no one behind: the city belongs to all its residents.

Health is created at the local level in the settings of everyday life, in the neighbourhoods and communities where people of all ages live, love, work, study, and play. Health for all cannot be achieved without local leadership and citizen engagement. The good health of its citizens is one of the most powerful and effective markers of any city's successful sustainable development. This puts health at the centre of every mayor's agenda.

We recognize our political responsibility to create the conditions for every resident of every city to lead more healthy, safe and fulfilling lives. Cities are places where planning and policy-making is closest to communities – it must, therefore, incorporate communities' views, voices and needs. We commit to remove barriers to empowerment – especially for women, children, and other potentially vulnerable populations – and to support the full realization of human potential and capabilities at all ages in the city environment.



## We commit to good governance for health

Healthy Cities have been platforms for implementing good governance for health, as well as improving health literacy – that is, for promoting health. Building on experience with city-led health initiatives, as mayors, we commit to prioritize the political choice for health in all domains of city governance and to measure the health impact of all our policies and activities. Achieving the SDGs will require close synergy between the global and national goals, and our local plans and programs. We have agreed to base our action on five governance principles which reflect the transformative agenda of the SDGs.

## Our governance principles

As mayors we commit to five Healthy Cities governance principles:

1. **Integrate health as a core consideration in all policies:** prioritize policies that create cobenefits between health and other city policies, and engage all relevant actors in partnership-based urban planning;
2. **Address all – social, economic and environmental – determinants of health:** implement urban development planning and policies which reduce poverty and inequity, address individual rights, build social capital and social inclusion, and promote sustainable urban resource use;
3. **Promote strong community engagement:** implement integrated approaches to promoting health in schools, workplaces, and other settings; increase health literacy; and harness the knowledge and priorities of our populations through social innovation and interactive technologies;
4. **Reorient health and social services towards equity:** ensure fair access to public services and work towards Universal Health Coverage;
5. **Assess and monitor wellbeing, disease burden and health determinants:** use this information to improve both policy and implementation, with a special focus on inequity – and increase transparency accountability.



## We commit to a Healthy Cities programme of action

We recognize that creating Healthy Cities requires a comprehensive approach – it can never be the responsibility of one sector alone.

We also recognize that **there is a powerful link between SDG 3 (Good Health for All) and SDG 11 (Make Cities and Human Settlements Inclusive, Safe, Resilient and Sustainable)**: unlocking the full potential of our cities to promote health and wellbeing and reduce health inequities will help to deliver both these goals.

**Cities are at the front line of sustainable development** and we are convinced that mayors have the power to make a real difference. We must and will be ambitious in localizing the 2030 agenda and we will set health targets to hold ourselves accountable. We recognize that everyone in the city will need to do their part to work towards these ambitious priorities.

## Our ten priority Healthy City action areas

**As mayors we commit to ten Healthy Cities action areas** which we will integrate fully into our implementation of the 2030 sustainable development agenda. We will:

1. work to deliver the **basic needs of all our residents (education, housing, employment and security)**, as well as work towards building more equitable and sustainable social security systems;
2. take measures to **eliminate air, water and soil pollution in our cities, and tackle climate change** at the local level by making our industries and cities green and ensure clean energy and air;
3. **invest in our children**, prioritize early child development and ensure that city policies and programs in health, education and social services leave no child behind;
4. **make our environment safe for women and girls**, especially protecting them from harassment and gender-based violence;
5. **improve the health and quality of life of the urban poor, slum and informal settlement dwellers, and migrants and refugees** – and ensure their access to affordable housing and health care;
6. **address multiple forms of discrimination**, against people living with disabilities or with HIV AIDS, older people, and others;
7. **make our cities safe from infectious disease** through ensuring immunization, clean water, sanitation, waste management and vector control;
8. **design our cities to promote sustainable urban mobility**, walking and physical activity through attractive and green neighborhoods, active transport infrastructure, strong road safety laws, and accessible play and leisure facilities;
9. implement **sustainable and safe food policies** that increase access to affordable healthy food and safe water, reduce sugar and salt intake, and reduce the harmful use of alcohol including through regulation, pricing, education and taxation;
10. **make our environments smoke free**, legislating to make indoor public places and public transport smoke-free, and banning all forms of tobacco advertising, promotion and sponsorship in our cities.

## We express our firm determination to make bold political choices for health

Many cities are already contributing to the SDGs in city-based networks through determined political action on a new urban agenda. We will contribute to this movement through our Healthy City networks.

We call on all mayors and urban leaders, regardless of whether their cities are big or small, rich or poor, to join this movement.

We solemnly commit to sharing experiences and best practices with each other, as we aim to bring together global and national goals with our local plans and programs, and in doing so journey towards making our cities the healthiest they can be.

We commit to come together at regular intervals to demonstrate and ensure our political commitment to implement this ambitious agenda. We ask the World Health Organization to support us in this effort and to strengthen its healthy city networks in all regions.