Ice is highly addictive, even through smoking. Sleep becomes impossible. Paranoia, panic attacks, psychotic episodes and violence are just some of the effects of regular use. Injecting adds the very real risks of infection with Hepatitis B, C or HIV. Life on Ice is no party.

To find out more facts about Ice and other methamphetamines, go to australia.gov.au/drugs

Don’t let Ice destroy you

NATIONAL DRUGS CAMPAIGN

Authorised by the Australian Government, Capital Hill, Canberra.