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OBER 12th 202

### The Social and Community Theatre: Health promotion response to the COVID-19 pandemic

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# A secular ceremony during the Covid-19 pandemic by A.O. Ordine Mauriziano Hospital, Torino, Italy

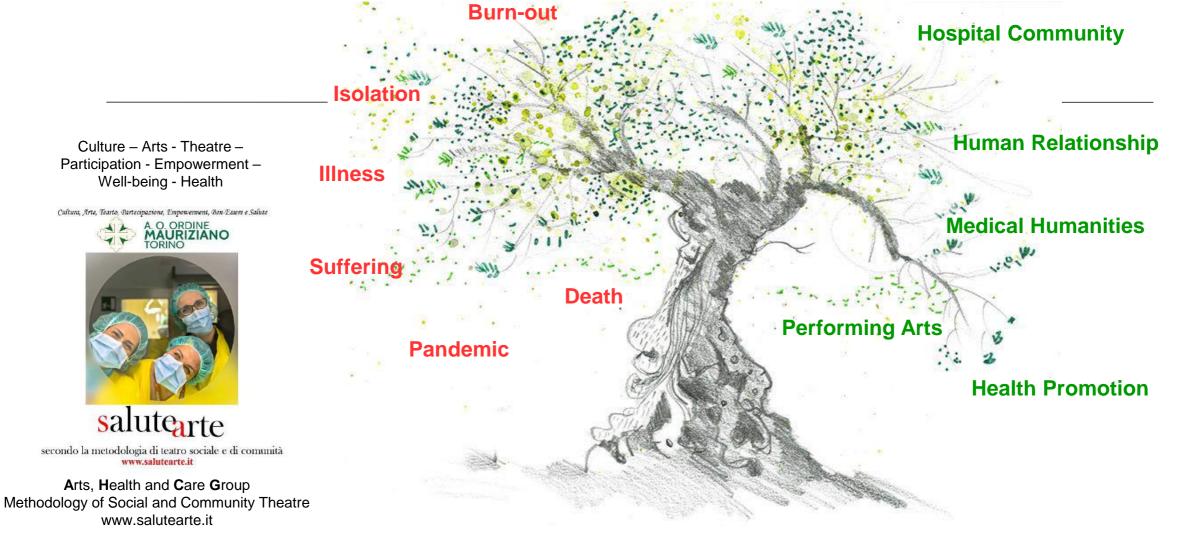
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https://www.youtube.vom/watch?v=Q80VJ=plo78&t=27s the video

**Secular Rite** 



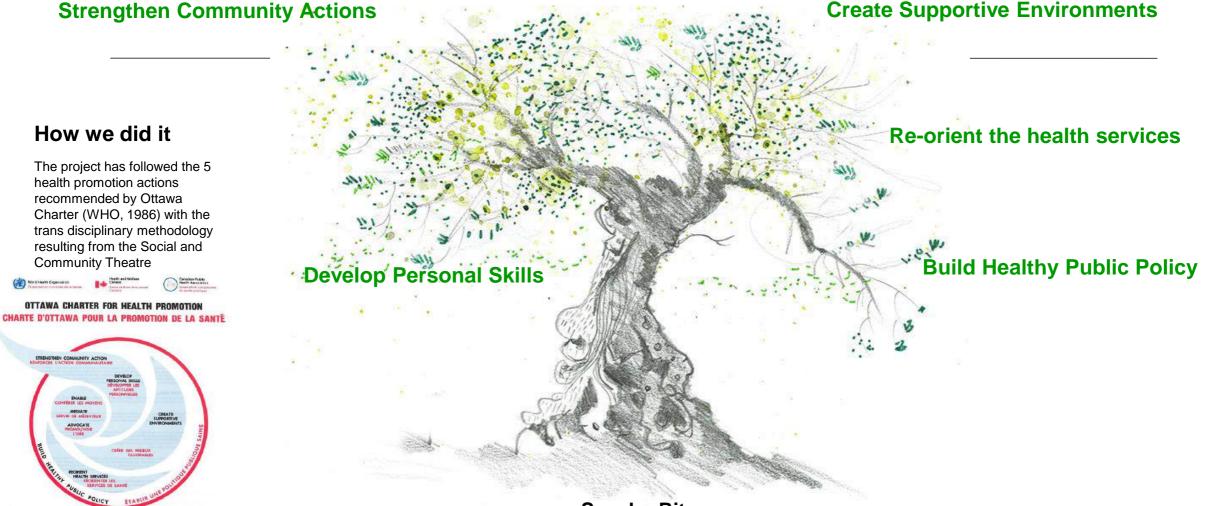




Secular Rite







**Secular Rite** 





#### The individual

Who are the key actors in designing? The family member, the patient, the health care professional. They have shared their personal narratives, their feelings and emotions in written and pictorial form. Narrative approach

#### The community

Families, professionals groups, leading group, health care institution, accademic and artistic institution of the territory, the world of local information. The Rite is a sign of sense of belonging to the community to promote social capital.



#### Supportive environtments

The garden is the perfect place to live the Rite: a space to be treated and a place of care. The garden as a symbol,

as a space of responsability. Sign and appointment for a community that care of itself



#### **Secular Rite**

#### Re-orientation of health services Hospital Management is re-

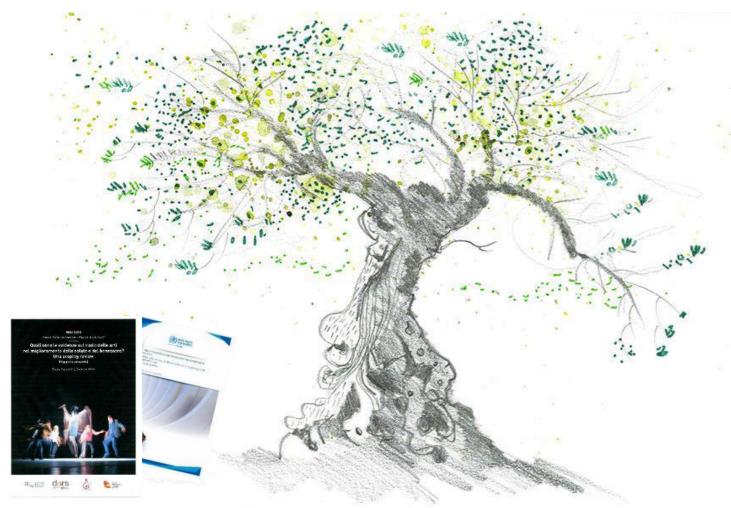
Hospital Management is reorienting its policy to value and strategy of HPH&HS network and he created the Arts and Health Care Gruop.

#### Public policy

Hospital Management makes a set of projects and a methodology an explicit public policy giving a central role to the humanization of places and care relationships







https://www.dors.it/documentazione/testo/202108/report2019OMSartisalute\_20210727.pdf

#### The Methodology of Social and Community Theatre and the strategy of health promotion

Since 2003 the Social Community Theatre Centre together with University of Turin, (Departments of Humanities and Medicine) and DoRS Piedmont Region, has developed an innovative and multidisciplinary methodology that provedes multi and inter professionals work tables. The methodology has been tested in a variety of contexts (such as hospitals, territorial healthcare settings, universities and life long learning programmes for professional carers, at local and international levels, with a number of partners active in health and social fields. This recognized European best-practice. It bases its effectiveness on the effects that performing arts have in relation to health promotion and well being physical psyco.

The Mauriziano Arts and Health Care Group has being working on health promotion and well being projects since 2010 according to this methodology, actively involving local communities, healthcare professionals, patients and family members.

A recent WHO (2019) literature review, that collects the research works of the last 20 years point out that the Arts and Culture are good for health processes, encourage the provision of integrated care for people in end-of-life and not only.

To deepen the Methodology of Social and Community Theatre:

A. Rossi Ghiglione, R.M. Fabris, A. Pagliarino, Caravan Next. A Social Community Theatre Project. Methodology, Evaluation and Analysis, Milano, Franco Angeli, 2019.









The Rite has activated specific psyco-social and artistic skills that have been an expression through the dramaturgy of community, with the playwriting, the construction of the scene, and the conscious employment of symbols. This has allowed to give back meaning to a great pain in concrete, human and symbolic terms. We gave and connection to several human level: the body, the relation and the use of symbols like the garden, the olive tree, the ground, the water. The word becomes evidence with a book written by family members, health care workers and patients.

350 people: family members, patients and caregivers 150 health professionals

The partnerships of the local community:

1 Publisher, Golem

1 Foundation, Specchio dei Tempi – La Stampa

1 Lions Club, philanthropic association

1 Association, (Humana Medicina)

1 Conservatory G. Verdi Torino

1 Social and Community Centre - University of Turin, (Departments of Humanities and Medicine)

1 University of Turin Department of Agricultural, Forestry and Food Sciences

1 University of Genoa, (Department of Political Science) Cultural Anthropology

1 Piedmont Region Documentation Center for Health Promotion DoRS

5 newspapers and television

The book of the witnessess: An olive tree to remember and celebrate life





## **Background and history**



01/02/2018 Humanization of places and spaces of care (suicide Anna, a nurse and a friend). Create supportive environments



2/07/2020 First Secular Rite. Relatives and health care workers planted together an olive tree in the garden of the hospital. It's the symbol of rebirth and hope. Health Promotion



6-10/05/2019 The mauriziano week for heands hygiene. When the Arts become health-educational. A pubblic Healt Care priority



16-20/12/ 2019 Hug day, a joyfull time in the Hospital. When healthcare workers hugged their patients. Activate the community





14/01/2020 – 17/03/ 2020 Social Theatre workshop with intensive care professionals. Life shills and work-related stress. Develop Personal Skills



2 July 2022 The talking Garden That will tell whats is care

Secular Rite 2021 spot v2 - YouTube







Still today I feel an deep emotional distress for not being able, may be, to do enough except holding those hands between mine and give that human warmth we all need.

I would like to give a voice to the pain that's screaming inside of me..

#### A health professional

The words of a friend are still like healing honey to me: "the day will come, when you decide, that you will once again water the olive tree of memory, to celebrate a life, to remember a love".

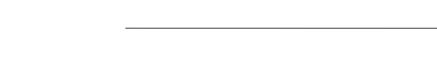
#### A relative





Director Social and Community Theatre Centre, Prof.ssa Alessandra Rossi Ghiglione;
Director Humana Medicina Dr.ssa Rossana Becarelli;
Professor of Cultural Anthropology University of Genoa, Italy: Prof.re Marco Aime;
Dr. Claudio Tortone, Dr Silvano Santoro, Dr.ssa Rita Longo,Piedmont Region Documentation Center for Health Promotion (DoRS);
Director Conservatory Giuseppe Verdi, in Turin, Italy Prof.re Francesco Pennarola;
Foundation Onlus La Stampa Mirror of the Times, Tutin, Italy: Senior Vice President Dr. Angelo Conti;
Prof.re Valter Boero, University of Turin Department of Agricultural, Forestry and Food Sciences;
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Caltura, Ante, Tearto, Auracipazione, Empouerment, Ben-Essene e Salute





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