



Strengthening Community Health and Wellbeing: putting the Art back into Public Health

University of Chester, England
from 18th to 30th of June 2023



University of
Chester



ETC-PHHP NETWORK

EUROPEAN TRAINING CONSORTIUM IN PUBLIC HEALTH AND HEALTH PROMOTION



The European Training Consortium in Health Promotion and Public Health is a European network involving 15 institutions. For more than 30 years ETC-PHHP has been host to an annual summer school, providing opportunities for participants from different social, cultural and political contexts and an interest or role in health promotion, to come together.

The primary goal is to expand participants' perspectives and horizons of contemporary issues in health promotion whilst challenging frontiers in health promotion policy and practice.

Interactive adult learning approaches enable participants to share and co-create new insights and explore possible solutions to complex challenges in health promotion. Whereby the overall experience is greater than the sum of the parts.

- Andrija Štampar School of Public Health, Zagreb, Croatia
- College of Natural and Health Sciences, Zayed University, UAE
- Department of Health Promotion and Development, University of Bergen, Norway
- Department of Medical Sciences and Public Health, University of Cagliari, Italy
- Department of Psychosocial Rehabilitation, Medical, University of Lodz, Poland
- Experimental Centre for Health Promotion and Education, University of Perugia, Italy
- Faculty of Nursing, University of Girona, Spain
- Health & Society (HSO), Wageningen University, The Netherlands
- Lebanese International University, Beirut, Observatory of Public Policies & Health, Lebanon
- Lucerne University of Applied Sciences and Arts, Switzerland
- Nexus Institut for cooperation management and interdisciplinary research & Brunel University London
- Professor of Salutogenesis (ret), NTNU, Norway
- School of Sports & Exercise, HAN University of Applied Sciences, The Netherlands
- The Public Health Research Group, University of Alicante, Spain
- Valencian Office of Community Action for Health, Spain

Strengthening Community Health and Wellbeing:

putting the Art back into public health

Public Health can be defined as 'The Art and Science of Promoting Health and Preventing Disease'. During the recent global pandemic it was perhaps necessary for Public Health and Health Promotion efforts to focus heavily on the science of preventing disease. Communities are the foundation of society and many have started the process of re-building and strengthening, with an opportunity to regain a greater sense of control over their health. Communities are considering what their community should look like to help re-build a better society, to promote their best health and reduce the stark inequalities in health so plainly illuminated. Starting from the lives, words and stories of those directly involved in these communities is paramount in this process.



Art, in its broadest sense can be used to explore and discover the powerful stories of revitalization and new hope now occurring across our communities. The power of the Arts in building and strengthening community health and wellbeing is often underestimated. In this course we explore how communities may be strengthened through the involvement of the Arts and in particular how the Arts – particularly community drama, storytelling, singing etc., – make a valuable contribution to strengthen health and wellbeing locally.

Learning Style

The ETC approach has developed over 30 years of successful delivery into an effective problem-based interdisciplinary model for capacity building training in public health and health promotion.

Participants have access to Distance Learning, undertaken as self-study (4-weeks) in advance of attending the 10-day residential course. The course consists of a mix of theoretical sessions delivered by leading international experts, interactive session involving participants and an opportunity to learn from other social and cultural contexts. Participants will also work on a collaborative project, with participants and experts from other countries, strengthening working relationships. The residential course will include: input from local community associations (Arts groups and Community Arts; discussion panels; workshops; group work; facilitated international projects and problem-based learning; field visits; breakout sessions; social agenda (optional) with activities: exercise, music, dance, open space and cultural *excursions (*additional fee).

The 2023 Course will be held at the University of Chester, UK.

Chester is one of the remaining ancient Roman cities, with the roman walls still in place, located in the North West of England. The University of Chester is one of the original campus institutions, and is recognized as one of the oldest universities outside of Cambridge and Oxford University, to be established in England 1839. The course will be held on the main campus (<https://www1.chester.ac.uk/>), which is just 5 minute walk into the heart of the city center.

The course carries CPD certification worth 8 ECTS.

We welcome people from different fields of health promotion, public health, local government, NGO and health care backgrounds, including people from sectors such as urban planning, (arts) academia, social work, research, management, practice and policy.

The course working language is English.

The number of participants is limited to 35.

<https://etcsummerschool.wordpress.com>

The course fee is:

Early registration*: £1100 before the 7th of May 2023

Regular registration*: £1300 8th May to 7th of June 2023

- includes all teaching and training materials, distance learning supervision, 10 day course plus Symposium, 10 nights accommodation, lunches and morning coffee, academic field trip and ECT certificate.