

## **HEALTH EDUCATION AND PREVENTION. INCREASE HEALTH PROFESSIONALS AWARENESS AND PLAN ACTION RESEARCH INTERVENTIONS**

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### **THE PROJECT**

The Ministry of Health e and the Ministry of Education, through an Agreement in 2007, committed themselves to define common strategies and to realize an intervention program involving education and health systems in preventing chronic diseases and facing typical youth phenomena (Gaining Health).

### **OBJECTIVES**

The main objective was to raise the awareness of teachers identified as referees for health education by the Regional and Provincial Offices of Education and by the equivalent figures of the National Health Service, through the start-up of a specific joint course of information, examination and action- research, aimed at sharing and disseminating good practices in mutual local realities

### **UNDERLYING VALUES AND PRINCIPLES**

The work carried out was based on Intersectorial cooperation and network; Instruments sharing; Acknowledgment of skills

### **KNOWLEDGE BASE/ EVIDENCE BASE**

The start-up of a specific joint course of information, examination and action- research, aimed at sharing and disseminating good practices in mutual local realities, is based on evidences of effectiveness taken from national and international scientific literature



### **CONTEXT OF INTERVENTION**

The choice of a joint educational course reply to the need of encouraging the integration health/school for health promotion in the school setting and for the cooperation of the school in the community setting, through a process of joint action research at local level.

### **METHODS**

Educational course divided into three training modules:

1. residential phase (5 days): knowledge and experiences sharing and integration
2. project work (3 months): e-learning and counselling for the implementation of projects in the specific local, regional and provincial realities.
3. residential phase (2 days): projects sharing and assessment and strengthening of the integrated net for the following phases of process and outcomes monitoring and check.

The residential phase takes place in several editions, closed to each other, in order to keep down the number of participants, to promote the interaction and to grant the development of a unit program.

Integrated computer systems are available since the beginning of the course, in order to grant a systematic update on the information about the project.

### **RESULTS AND CONCLUSIONS**

The first phase of the project has been completed, while the regional project works are still underway (they will end in October 2010).

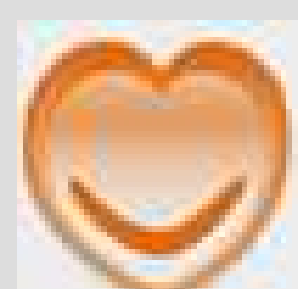
The intermediate results see:

- the participation of all the Regions
- the start-up in each Region of an intersectoral process for the arrangement of the organizational basis and for the recognition of the resources and the best practices available, accessible through an on-line platform.

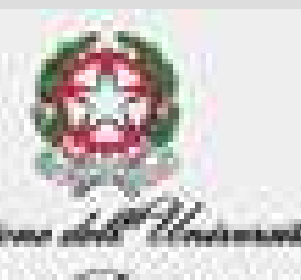
At the end of the project will be available intersectoral agreements in all the regions, a repertory of best practices on the main topics of "Gaining in Health" and a community of practice made up of health professionals.



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